

# Alphabet Day Nursery

Welcome to our  
February Newsletter 2013

Celebrating 20 Years  
1993 -2013

Open Day  
23 February 2013 ~ 1-3pm

Parents and families Welcome

We would like to take this opportunity  
to thank all our parents for their  
continued support.

Valentines Salt Dough Decorations

2 Cups of Salt  
3 Cups of Flour  
1 Cup of Water  
A Rolling Pin

Pastry Cutters in Various Shapes  
Some Paint to decorate  
An apron - its messy business!

Once cut into shape put in the  
microwave for 2-3 minutes until hard,  
when cool - decorate!



Chinese New Year

We had great fun celebrating Chinese  
New Year. We have learnt that it is  
the Chinese Year of the Snake and  
families celebrate with a Parade and  
Fireworks. We tried to use our  
chopsticks to taste Chinese Foods like  
Noodles, Water Chestnuts, Mange Tout,  
Pancake Rolls, Fried Rice and Prawn  
Crackers - Yummy!

Baby Massage

Babies in Harmony will be running fun  
and interactive massage classes by an  
I.A.I.M qualified instructor, starting  
from the beginning of March here at  
Alphabet.

Baby massage encourages bonding,  
helps relieve digestive problems and  
aids relaxation.

For further information please call  
07800 578 951 or email  
babiesinharmony@live.co.uk

Please take a look at our new website  
[www.alphabet-daynursery.co.uk](http://www.alphabet-daynursery.co.uk)

We also have a new email address  
[info@alphabet-daynursery.co.uk](mailto:info@alphabet-daynursery.co.uk)